

BREAKFAST PACKAGES

American Breakfast

Breakfast Potatoes

Whole or White Toast

Scrambled Eggs

Smoked Bacon

Breakfast Sausages

Baked Beans

Tropical Fresh Fruit Platter

Juices (Orange & Grapefruit)

Freshly Brewed Coffee, Decaffeinated

Assorted Teas

Gemstone Breakfast

Cinnamon Porridge

Whole Wheat or White Sliced bread

Fried Bake

Salt-fish Buljol

Eggs

Sausages

Tropical Fresh Fruit Platter

Juices (Orange & Grapefruit)

Freshly Brewed Coffee, Decaffeinated

Assorted Teas

Deluxe Continental Breakfast

Assortment of freshly baked Pastries & Toasts

Scrambled Eggs

Almond Nuts with Maple Syrup

Cereal with Milk

Tropical Fresh Fruit Platter

Juices (Orange & Grapefruit)

Freshly Brewed Coffee, Decaffeinated

Assorted Teas

All menus accompanied with Soft Butter

Prices

American Breakfast TT\$135 per person

Gemstone Breakfast TT\$145 per person

Deluxe Continental Breakfast TT\$135 per person

Prices are subjected to 10% Service Charge and 12.5% Gov't Tax



Mid-Morning and Afternoon Breaks

Savoury Items

Mini Bread Roll with Cucumber and Turkey Breast

Assorted Finger Sandwiches (Cheese, Chicken and Tuna)

Samosas with a Dip (Chicken or Veggie)

Mini Flat Bread Pizza (pepperoni or Veggie)

Mini Bake and Buljol

Croissants (Chicken, Tuna and Cheese)

Potato Pie with Tamarind Chutney

Cheese Scones topped with Jelly

Sweet Items

Trini Sweet Bread

Banana Bread

Chocolate Brownies

Mini Cherry Cheese Cake

Banana Muffins

Carrot Muffins

Oatmeal & Raisin Muffins/Cookies

Assortment of Flavoured Yogurts

Assorted Cereal

Fruit salad

Beverage Station

Coffee, Assortment of Teas,
Sodas (coke, sprite and ginger ale)
Assortment of Juices
Small Bottle Water

2 Savoury Items and 1 Sweet Item – TT\$25 per person
3 Savoury Items and 2 Sweet Items – TT\$50 per person
Beverage Station- TT\$50 person
Prices are subjected to 10% Service Charge and 12.5% Gov't Tax



Al La Carte Lunch Menu

Turkey Sandwich with Spicy BBQ Sauce and French Fries- \$65 **Wraps** (Chicken, Veggie, Fish) with French Fries - \$65

Garden Fresh Salad- Lettuce, Onion, Corn, Tomatoes, Cucumbers, Thousand Island dressing -\$40 Add Grilled Chicken: \$55 Add Fish or Shrimp: \$75

Gemstone Signature Salad- Lettuce, Tomatoes, Corn, Onion, Cranberries, Onion Vinaigrette - \$45 Add Grilled Chicken: \$55 Add Fish or Shrimp: \$75

Penne Pasta Primavera with Sweet Basil and Olive Oil- TT\$55 Add Grilled Chicken: \$55 Add Fish or Shrimp: \$75

Boneless Chicken Breast stuffed with Cheese, baked, then topped with a light Béchamel Sauce accompanied by Parsley tossed Pasta- \$125

Oriental Chicken, Fish or Veggies tossed with Sesame Seeds with a Teriyaki Glaze served on a bed of White Rice - \$130

Fish Fillet marinated with Thai dressing served with Garlic Butter Herb,
Mashed Potatoes and Roasted Veggies- \$125

Pork Tenderloin with Dijon Mustard Sauce served with Parsley Potatoes and stir fry Veggies-\$140

Plated Lunch \$125 Per Person

Any One Meat accompanied with Sides

Grilled Chicken

Baked Chicken with Pineapple Sauce

Smoked BBQ Chicken

Creole Fish

Cajun Style Fish



Smoked BBQ Fish

Any Meal is accompanied with Parsley Rice or Mashed Potatoes with Red Beans and a side of Green Salad

Desserts

Cheese Cake Bites \$65
Brownie with Ice Cream \$65

Prices are subjected to 10% Service Charge and 12.5% Gov't Tax